

REGION 1

Substance Use Disorder Treatment Facilities per SAMHSA

YORK

Biddeford

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
Groups Recover Together 265 Main Street, Suite 201 Biddeford 04005 207-808-7935 www.joiningroups.com	Outpatient; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment; Telemedicine/telehealth. Brief intervention; Cognitive behavioral therapy; Motivational interviewing; Matrix Model; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach. Private health insurance; Cash or self-payment.	Yes	No	Yes	NA
Maine Behavioral Healthcare 235 Maine Street Biddeford 04005	Outpatient; Outpatient day treatment or partial hospitalization; Intensive outpatient treatment; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment. Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Matrix Model; Relapse prevention; Substance use counseling approach; Trauma-related counseling. Federal, or any government funding for substance use programs; Medicare;	Yes	Yes	Yes	NA

	Medicaid; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.				
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Buxton

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
Day One Residential Girls Home 18 Salmon Falls Buxton 04093 207-808-5930 www.day-one.org	Outpatient (Residential facility amalgamated with site in New Gloucester.) Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation. Federal, or any government funding for substance use programs; Medicaid; Private health insurance; Cash or self-payment.	Yes	Yes	No	No

Kennebunk

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
Crossroads Kennebunk Counseling Center 65 Portland Road Building A, Suite 2 Kennebunk 04043 207-467-3369 www.crossroadsme.org	Outpatient; Intensive outpatient treatment; Regular outpatient treatment. Anger management; Cognitive behavioral therapy; Dialectical behavior therapy; Motivational interviewing; Matrix Model; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation.	Yes	Yes	No	Yes

	Federal, or any government funding for substance use programs; IHS/Tribal/Urban (ITU) funds; Medicare; Medicaid; Private health insurance; Cash or self-payment.				
Carolyn Curtis, LCSW LADC 11 Main Street, Suite 2 Kennebunk 04043 207-229-6270	Outpatient; Regular outpatient treatment. Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Motivational interviewing; Relapse prevention; Substance use counseling approach; Trauma-related counseling. Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.	Yes	Yes	No	Yes

Kittery

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBE D	MAT Tx BUT NOT PRESCRIBED
Naval Branch Health Clinic Portsmouth Substance Abuse Rehabilitation Program 1 Ayres Circle Naval Shipyard Building H-10 Kittery 03904 207-438-6670 www.med.navy.mil/sites/nhcne/NHCNE/index.htm	Outpatient; Regular outpatient treatment; Telemedicine/tele health. Anger management; Brief intervention; Cognitive behavioral therapy; Motivational interviewing; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling.	Yes, but not OUD	No	No	No

	Federal, or any government funding for substance use programs; Military insurance (e.g., TRICARE).				
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North Berwick

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
Recovery Maine Inc. 33 Main Street North Berwick 03906 207-558-2111 www.recoverymaine.com	Outpatient; Residential; Regular outpatient treatment; Long-term residential. Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Motivational interviewing; Matrix Model; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation. Medicaid; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid	Yes	Yes	No	No

Old Orchard Beach

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
Milestone Recovery, Extended Care 28 Portland Avenue Old Orchard Beach 04064 207-934-5231 www.milestone-recovery.org	Outpatient; Residential; Regular outpatient treatment; Long-term residential. Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Motivational interviewing; Matrix Model; Rational emotive behavioral	Yes	Yes	No	Yes

	therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation. Federal, or any government funding for substance use programs; Medicaid; Cash or self-payment.				
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Saco

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
Carpe Diem Behavioral Associates Inc. 325 North Street Saco 04072 207-229-5383 http://carpediemmaine.com	Outpatient; Regular outpatient treatment. Anger management; Brief intervention; Cognitive behavioral therapy; Motivational interviewing; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation. Federal, or any government funding for substance use programs; IHS/Tribal/Urban (ITU) funds; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.	Yes	Yes	No	Yes
Saco Falls Counseling Center 110 Main Street, Suite 1300 Saco 04072	Outpatient; Regular outpatient treatment. Brief intervention; Cognitive behavioral therapy; Dialectical behavior therapy; Motivational interviewing; Matrix Model; Relapse prevention; Substance use counseling approach; Trauma-related counseling. Medicaid; Military insurance (e.g., TRICARE); Private health insurance;	Yes	Yes	No	Yes

	Cash or self-payment; State-financed health insurance plan other than Medicaid.				
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Sanford

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
Jonathan Berube, LMFT 886 Main Street, Suite 305 Sanford 07073 207-651-1287	Outpatient; Regular outpatient treatment; Telemedicine/telehealth. Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Matrix Model; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation. IHS/Tribal/Urban (ITU) funds; Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.	Yes	Yes	No	Yes
ENSO Recovery 69 Eagle Drive Sanford 04073	Outpatient; Intensive outpatient treatment; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment; Telemedicine/telehealth. Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Matrix Model; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling	Yes	No	Yes	NA

	approach; 12-step facilitation. Federal, or any government funding for substance use programs; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.				
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Springvale

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
Maine Behavioral Healthcare 474 Main Street Springvale 04083 207-324-1500 http://mainehealth.org/maine-behavioral-healthcare	Outpatient; Intensive outpatient treatment; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment. Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Matrix Model; Relapse prevention; Substance use counseling approach; Trauma-related counseling. Federal, or any government funding for substance use programs; Medicare; Medicaid; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.	Yes	Yes	Yes	NA
Richer Counseling Services 49 Pleasant Street Springvale 04083 207-324-4411	Outpatient; Regular outpatient treatment. Anger management; Brief intervention; Cognitive behavioral therapy; Motivational interviewing; Rational emotive behavioral therapy; Relapse prevention;	Yes	Yes	No	No

	Substance use counseling approach; Trauma-related counseling.				
	Cash or self-payment.				

Wells

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
Recovery Associates of Southern Maine 1662 Post Road Unit B2-B Wells 04090 207-985-8900	Outpatient; Regular outpatient treatment. Anger management; Brief intervention; Cognitive behavioral therapy; Motivational interviewing; Relapse prevention; Substance use counseling approach; 12-step facilitation. Private health insurance; Cash or self-payment.	Yes	Yes	No	Yes

York

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
Health Affiliates Maine Reid Lesneski, LCPC LADC 433 US Route 1, Suite 204 York 03909 207-363-8300 ext. 2	Outpatient; Regular outpatient treatment. Anger management; Brief intervention; Cognitive behavioral therapy; Dialectical behavior therapy; Motivational interviewing; Relapse prevention; Substance use counseling approach; Trauma-related counseling. Medicaid; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.	Yes	Yes	No	Yes
York Hospital, Recovery Center 15 Hospital Drive York 03909 207-351-2118 www.yorkhospital.com/recovery-center/	Outpatient; Intensive outpatient treatment; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment.	Yes	Yes	Yes	NA

	Anger management; Brief intervention; Cognitive behavioral therapy; Motivational interviewing; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation. Federal, or any government funding for substance use programs; Medicare; Medicaid; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.				
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(SAMHSA=Substance Abuse Mental Health Services Administration;
SUD=Substance Use Disorder; MH=Mental Health; Tx=treatment;
MAT=Medication Assisted Treatment)